


## Roding Primary PSHE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Reception</b>	Self regulation: My feelings	Building relationships: Special relationships	Managing self: Taking on challenges	Self-regulation: Listening and following instructions	Building relationships: My family and friends	Managing self: My wellbeing
<b>Year 1</b>	Family and relationships	Family and relationships  Health and wellbeing	Health and wellbeing  Safety and the changing body	Safety and the changing body  Citizenship	Citizenship  Economic wellbeing	Economic wellbeing
<b>Year 2</b>	Family and relationships	Family and relationships  Health and wellbeing	Health and wellbeing  Safety and the changing body	Safety and the changing body  Citizenship	Citizenship	Economic wellbeing
<b>Year 3</b>	Family and relationships	Family and relationships  Health and wellbeing	Health and wellbeing  Safety and the changing body	Safety and the changing body  Citizenship	Citizenship	Economic wellbeing
<b>Year 4</b>	Family and relationships	Family and relationships  Health and wellbeing	Health and wellbeing  Safety and the changing body	Safety and the changing body	Citizenship	Citizenship  Economic wellbeing
<b>Year 5</b>	Family and relationships	Family and relationships  Health and wellbeing	Health and wellbeing  Safety and the changing body	Safety and the changing body  Citizenship	Citizenship  Economic Wellbeing	Economic wellbeing  Roles and responsibilities
<b>Year 6</b>	Family and Relationships	Health and Wellbeing	Health and wellbeing  Safety and the changing body	Safety and the changing body  Citizenship	Citizenship  Economic Wellbeing	Economic wellbeing  Identity  Dealing with change